**What is S.O.A.P.?**
S.O.A.P. stands for Scripture, Observation, Application and Prayer. It is a way of getting more out of your time in God's word. It's quite simple. When you sit for your daily quiet time, read the bible and underline or make note of any verse or verses that jump out at you with special significance. This is the basis for diving deeper and using S.O.A.P.

** Scripture** Type in or write the verse or verses that stuck out to you in your reading. Try writing them in our own words.

** Observation** What did you observe about the scripture that struck you. This can be one sentence or a whole book.

** Application** How can you apply the observation so that it affects your life today? “God what did you teach me today about YOU?”

** Prayer** Write out a prayer to God based on what you just learned and ask Him to guide you as apply this truth in your life.